



**The 9th Annual
CAVENAUGH THUMPERTHON 5K
Benefiting NEA Humane Society**

**September 14, 2019, Stewart Park, Walnut Ridge, Arkansas 9:00 am
www.thumperthon.com**

Cavanaugh Thumperthon is in honor of Donald Cavanaugh, an avid runner and animal lover, and his long time furry running partner Thumper Cavanaugh. The race will benefit Jumpstart Animal Shelter and the NEA Humane Society. Bring your furry running partner, and run with them. This is a certified course that is flat and fast! Prizes will be awarded for both dogs and their owners. A Kids Fun Run will follow the 5K race! So, bring the whole family for a day of family fun!

Runners and walkers of all levels are welcome. You can run with your 4-legged friend. Just make sure all dogs are on leashes. Bring the kids, and let them run the Kids Fun Run after the 5K. Every child 12 or younger that participates in the Fun Run will get a winners medal.

As we all know, taking care of abandoned and abused animals is both expensive and time consuming. We hope to help the NEA Humane Society offset some of those expenses. The Humane Society will bring animals for adoption that day. Who knows? You might find your next great running partner and a wonderful new addition to your family!

Join us in Walnut Ridge for a morning of family fun!!

All possible through the support of these wonderful sponsors:





**CAVENAUGH THUMPERTHON
5K ENTRY FORM**

September 14, 2019, Stewart Park, Walnut Ridge, Arkansas 9:00 am

Name:	
Last:	First
Date of Birth:	Sex: Male Female
Street Address:	
City, State, Zip	
Shirt Size: S M L XL Kids S M L Age on 09/14/2019:	
Email Address:	
Division: Runner Walker 4 Legs (running/walking with dog)	

Release:	
I know that running and volunteering to work in club races are potentially hazardous activities. I should not enter and run in this race unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running and volunteering to work in club races including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks being know and appreciated by me. Having read this wavier and release, the city of Walnut Ridge, the County of Lawrence, and all sponsors, their representatives and successors from all negligence or carelessness on the part of the persons named in this waiver. I grant permission to all the foregoing to use any photographs, motion pictures, recordings or any other record of this event for any legitimate purpose.	
Signature:	Date:

Parent Signature if under 18 years:	Date:
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Make Checks Payable to Cavanaugh Thumperthon and mail to:
P.O. Box 429
Walnut Ridge, Arkansas 72476

**Fees:
\$20.00 pre-registered (post marked by September 10, 2019), \$25 day of race**

Race to benefit Jumpstart Animal Shelter and NEA Humane Society. Bring your furry running partner and run with them. Course is certified, flat and fast. Prizes for dogs and their owners both. After 5K race there will be a Kids Fun Run! Come out and bring the whole family for a day of family fun!

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